

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## Mallard cove Life Enrichment Monthly Calendar

			<p>10:00 Pilates with Celine 1  1:00 Communion Service w/ Jennifer  1:30 Conversation Circle- Resident Led  3:30 Social Hour: Manhattan Cocktails</p>	<p>11:30 Catered Lunch: Chick-Fil-A 2  2:00 Cincinnati Museum Heritage Program: Grand Theaters of Cincinnati  2:00 Exercise with Damon  3:00 Bingo  4:00 Green Eggs &amp; Ham Themed Dinner  6:30 Bridge- Resident Led  <b>National Hat Day</b></p>	<p>10:00 Chair Fitness with Jess 3  1:30 Movie Showcasing: Pocketful of Miracles 1961  3:30 Social Hour  6:00 Non-Denominational Worship Service</p>	<p>12:30 Bingo 4  2:00 Spinner Dominos  2:00 Bridge- Resident Led  3:30 Social Hour</p>
<p>1:00 Brain Teasers 5  2:00 Euchre- Resident Led</p> <p><b>Happy Birthday Pat C.</b></p>	<p>10:00 Coffee &amp; Donuts 6  10:30 Creative Craft: Dollar Tree Bunny Coasters  1:00 Exercise w/ Mike  2:00 Cooking with Rachel- National Oreo Day  3:30 Social Hour with entertainment by Jess Stout</p> <p><small>Purim Begins</small></p>	<p>10:30 Yoga with Lynn 7  11:00 Mid-Day Margarita Bar  1:00 Activities Brainstorming Meeting with Kayla &amp; Kelli  2:00 Euchre- Resident Led  2:00 Sing A Long  3:00 Bingo</p> <p><b>Happy Birthday Earl G.</b></p>	<p>10:00 Wednesday Workout Video 8  10:30 Menu Meeting  1:00 Communion Service w/ Jennifer  1:30 Conversation Circle- Resident Led  3:30 Social Hour: Ice Cream Social</p>	<p>11:30 Catered Lunch: The Root Beer Stand 9  1:00 Trivia: National Women's Day  2:00 Exercise with Damon  3:30 Special Social Hour: Entertainment w/ Richard Scott  6:30 Bridge- Resident Led</p>	<p>10:00 Chair Fitness with Jess 10  1:30 Movie Showcasing: The Audrey Hepburn Story 2000  3:30 Social Hour  6:00 Non-Denominational Worship Service  <b>Happy Birthday Carolyn R.</b></p>	<p>10:00 Gospel Music with Cathy Huffman 11  12:30 Bingo  2:00 Spinner Dominos  2:00 Bridge- Resident Led  3:30 Social Hour</p>
<p>1:00 Brain Teasers 12  2:00 Euchre- Resident Led  3:30 Social Hour: Oscar Sunday</p> <p><small>Daylight Saving Time Begins</small></p>	<p>10:00 Coffee &amp; Donuts 13  10:30 Creative Craft: St. Patrick's Day Bleached T-shirts  1:00 Exercise w/ Mike  3:30 Social Hour: March Madness</p>	<p>10:30 Yoga with Lynn 14  11:00 Mid-Day Margarita Bar  2:00 Euchre- Resident Led  2:00 Sing A Long- Resident Led  3:00 Bingo- \$20 Coverall Game  <b>Happy Birthday Frank P.</b></p>	<p>10:00 Pilates with Celine 15  1:00 Communion Service w/ Jennifer  1:30 Conversation Circle- Resident Led  2:00 Leprechaun Race with Managers  3:30 Social Hour: French 75 Cocktails</p>	<p>9:00 Covid Clinic 16  11:00 Lunch Outing: Benihana  1:00 Resident Council  2:00 Exercise with Damon  3:00 Bingo  6:00 Evening Movie Showcasing: Till the Clouds Roll By 1946  6:30 Bridge- Resident Led  <b>Happy Birthday Jan G.</b></p>	<p>10:00 Chair Fitness with Jess 17  11:00 St. Patrick's Day Mimosas  2:00 Social Hour: St. Patrick's Day Celebration w/ Happy Hour Duo  6:00 Non-Denominational Worship Service  <b>Wear Green</b>  <small>St. Patrick's Day</small></p>	<p>12:30 Bingo 18  2:00 Spinner Dominos  2:00 Bridge- Resident Led  3:30 Social Hour</p> <p><b>Happy Birthday Ramjee</b></p>
<p>1:00 Sunday Matinee: Singing in the Rain 19  1:30 Brain Teasers  2:00 Euchre- Resident Led</p> <p><b>Singing in the Rain Day</b></p>	<p>10:00 Coffee &amp; Donuts 20  10:30 Exercise w/ Mike  1:00 Diane Shields: Virtual Entertainment  2:00 Cooking with Rachel- National Ravioli Day  3:30 Social Hour</p> <p><b>Happy Birthday James W.</b></p> <p><small>Spring Begins</small></p>	<p>10:30 Yoga with Lynn 21  11:00 Mid-Day Margarita Bar  1:00 Creative Craft: Easter Bunny Wreath  2:00 Euchre- Resident Led  2:00 Sing A Long- Resident Led  3:00 Bingo  4:00 Oriental Themed Dinner</p> 	<p>10:00 Wednesday Workout Video 22  10:30 Spring Flower Arrangements  1:00 Communion Service w/ Jennifer  1:30 Conversation Circle- Resident Led  3:30 Social Hour: Frozen Rum &amp; Coke</p> <p><small>Ramadan Begins</small></p>	<p>10:30 Tuskegee Airmen Who Are We Presentation 23  11:30 Catered Lunch: Bluebird Bakery  1:00 Prom Committee- Crafts  2:00 Exercise with Damon  3:00 Bingo  6:30 Bridge- Resident Led</p> <p><b>Happy Birthday Nancy S.</b></p>	<p>10:00 Chair Fitness with Jess 24  4:00 Social Hour- Dining Room  4:30 Spring Fling Themed Resident Birthday Party with Live Entertainment  6:00 Non-Denominational Worship Service</p>	<p>12:30 Bingo 25  2:00 Spinner Dominos  2:00 Bridge- Resident Led  3:30 Social Hour</p> <p><b>Happy Birthday Marty H.</b></p>
<p>1:00 Brain Teasers 26  2:00 Euchre- Resident Led</p>	<p>10:00 Coffee &amp; Donuts With Kelli Carroll 27  10:30 Exercise w/ Mike  1:00 Cool Critters Animal Experience  3:00 Book Club  3:30 Social Hour: Chip &amp; Dip Day</p>	<p>10:30 Yoga with Lynn 28  11:00 Mid-Day Margarita Bar  1:00 Baseball Trivia  2:00 Euchre- Resident Led  2:00 Sing A Long- Resident Led  3:00 Bingo</p>	<p>10:00 Wednesday Workout Video 29  11:30 Men's Group: Burgers &amp; Beers  1:00 Communion Service w/ Jennifer  1:30 Conversation Circle- Resident Led  3:30 Social Hour: Bloody Mary's</p> <p><b>Happy Birthday Jack H.</b></p>	<p>11:30 Reds Opening Day Pizza Party &amp; Opening Day Parade 30  2:00 Painting with Kim-GMR  2:00 Exercise with Damon  3:00 Bingo-THTR  4:10 Reds Vs. Pirates  6:30 Bridge- Resident Led</p> <p><b>Wear Red's Gear</b></p>	<p>10:00 Chair Fitness with Jess 31  1:30 Ladies Group: Spa Day- Robes &amp; Relaxation  3:30 Social Hour  6:00 Non-Denominational Worship Service  <b>National Pajama Day</b></p>	<p>12:30 Bingo  2:00 Spinner Dominos  2:00 Bridge- Resident Led  3:30 Social Hour</p>