

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>No Activities Scheduled Today</p> <p>Happy New Year!!!!</p> <p>2023</p> <p><small>New Year's Day</small></p>	<p>10:00 Coffee & Donuts-GMR</p> <p>10:30 Exercise with Mike-BST</p> <p>2:00 Baking with Rachel-GMR</p> <p>3:30 Social Hour: Bengals Party</p> <p>5:00 Rose Bowl: Penn State Vs. Utah Game-BST</p>	<p>10:30 Yoga w/ Lynn-THTR</p> <p>1:00 Activities Brainstorming Meeting with Kayla-GMR</p> <p>2:00 Euchre-Resident Led-BST</p> <p>2:00 Sing A Long-Resident Led-THTR</p> <p>3:00 Bingo-GMR</p>	<p>10:00 Pilates w/ Celine-THTR</p> <p>10:30 Chef's Corner with Chef Chris-DR</p> <p>1:30 Conversation Circle-Resident Led-GMR</p> <p>3:30 Social Hour: On this Day in History- BST</p>	<p>11:30 Catered Lunch: Bob Evans-GMR</p> <p>1:00 Walking Club- Resident Led</p> <p>2:00 Exercise with Damon-THTR</p> <p>3:30 Special Social Hour: Winter Wonderland Margaritas-BST</p>	<p>10:00 Chair Fitness w/ Jess-THTR</p> <p>12:30 Prom:2023 Committee Meeting-GMR</p> <p>3:30 Social Hour: Shortbread Martinis-BST</p> <p>6:45 Worship Service-THTR</p>	<p>12:30 Bingo-GMR</p> <p>2:00 Spinner Dominos-Resident Led-GMR</p> <p>2:00 Bridge- Resident Led-DR</p> <p>3:30 Social Hour-BST</p>
<p>1:00 Brian Teasers-GMR</p> <p>2:00 Euchre-Resident Led-GMR</p> <p>4:30 Bengals Vs. Ravens Game-BST</p>	<p>10:00 Coffee & Donuts -GMR</p> <p>10:30 Exercise with Mike-BST</p> <p>2:00 Cooking with Rachel-GMR</p> <p>3:30 Social Hour-BST</p> <p>7:30 College Football National Championship Game</p>	<p>10:30 Yoga w/ Lynn-THTR</p> <p>1:00 Virtual Entertainment Diane Shields-BST</p> <p>2:00 Euchre-Resident Led-BST</p> <p>2:00 Sing A Long-Resident Led-THTR</p> <p>3:00 Bingo-GMR</p> <p>6:00 Communion Service-THTR</p>	<p>10:00 Pilates w/ Celine-THTR</p> <p>12:30 Winter Flower Arrangements-GMR</p> <p>1:30 Conversation Circle-Resident Led-BST</p> <p>3:30 Social Hour: Rubber Duck Races-BST</p>	<p>11:00 Lunch Outing: Outback Steakhouse</p> <p>2:00 Exercise w/ Damon-THTR</p> <p>3:30 Special Social Hour: Entertainment with Richard Scott-BST</p>	<p>10:00 Chair Fitness w/ Jess-THTR</p> <p>11:30 Lunch with the Managers-DR</p> <p>2:30 Trivia Challenge-BST</p> <p>3:30 Social Hour: Friday the 13th-BST</p> <p>6:45 Worship Service-THTR</p>	<p>10:00 Entertainment: Gospel Music with Cathy Huffman-THTR</p> <p>12:30 Bingo-GMR</p> <p>2:00 Bridge- Resident Led-DR</p> <p>3:30 Social Hour-BST</p>
<p>1:00 Brain Teasers-GMR</p> <p>2:00 Euchre-Resident Led-GMR</p>	<p>10:00 Coffee & Donuts -GMR</p> <p>10:30 Creative Craft: DIY Plastic Spoon Mirror-GMR</p> <p>1:00 "I Have a Dream Speech"-BST</p> <p>3:30 Social Hour: MLK Day-BST</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>10:30 Yoga w/ Lynn-THTR</p> <p>1:00 Bingo-GMR</p> <p>2:00 Euchre-Resident Led-BST</p> <p>2:00 Sing A Long-Resident Led-THTR</p> <p>3:30 Special Social Hour: Entertainment with Denny Duvall</p>	<p>10:00 Pilates w/ Celine-THTR</p> <p>1:00 Spa Day: Back Rubs with Mary-GMR</p> <p>1:30 Conversation Circle-Resident Led-THTR</p> <p>3:30 Social Hour: Blackberry Mint Mojitos-BST</p>	<p>11:30 Ladies Group Luncheon: Olive Garden-GMR</p> <p>1:00 Resident Council Meeting-THTR</p> <p>2:00 Exercise w/ Damon-THTR</p> <p>3:30 Popcorn Bar: National Popcorn Day-BST</p>	<p>10:00 Chair Fitness w/ Jess-THTR</p> <p>1:30 Movie Showcasing: Penny Serenade (1941)-BST</p> <p>3:30 Social Hour: Special Drink- Hot Buttered Rum-BST</p> <p>6:45 Worship Service-THTR</p>	<p>12:30 Bingo-GMR</p> <p>2:00 Spinner Dominos-Resident Led-GMR</p> <p>2:00 Bridge- Resident Led-DR</p> <p>3:30 Social Hour-BST</p>
<p>1:00 Brain Teasers-GMR</p> <p>2:00 Euchre-Resident Led-GMR</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p>10:00 Coffee & Donuts -GMR</p> <p>10:30 Exercise with Mike-BST</p> <p>2:00 Cooking with Rachel-GMR</p> <p>3:30 Social Hour: Chinese New Year-BST</p> <p><small>Activity Professionals Week</small></p>	<p>10:30 Yoga w/ Lynn-THTR</p> <p>1:00 Relaxation Hour: Manicures and Aroma Therapy-GMR</p> <p>2:00 Euchre-Resident Led-BST</p> <p>2:00 Sing A Long-Resident Led-THTR</p> <p>3:00 Bingo-GMR</p>	<p>10:00 Pilates w/ Celine-THTR</p> <p>1:30 Conversation Circle-Resident Led-GMR</p> <p>2:00 Movie Showcasing- Queen Bees-THTR</p> <p>3:30 Social Hour: Icy Winter Cocktail-BST</p>	<p>11:30 Lunch Catered: Panda Express-GMR</p> <p>1:00 Walking Club- Resident Led</p> <p>2:00 Exercise w/ Damon-THTR</p> <p>3:30 Special Social Hour: Craft Beer Tasting-GMR</p> <p><small>Australia Day (observed)</small></p>	<p>10:00 Chair Fitness w/ Jess-THTR</p> <p>4:00 Social Hour-DR</p> <p>4:30 "Pour the Wine, its Birthday Time" Resident Party with Live Entertainment: by Mark Rasmussen-DR</p> <p>6:45 Worship Service-THTR</p>	<p>1:00 New Resident Meet & Greet: Happy Hour & Penny Auction- BST/GMR</p> <p>2:00 Bridge- Resident Led-DR</p>
<p>1:00 Brain Teasers-GMR</p> <p>2:00 Euchre-Resident Led-GMR</p>	<p>10:00 Coffee & Donuts -GMR</p> <p>10:30 Creative Craft: DIY Stretch Bracelets-GMR</p> <p>1:00 Exercise with Mike-THTR</p> <p>3:30 Social Hour: Favorite Sports Team Day-BST</p>	<p>10:30 Yoga w/ Lynn-THTR</p> <p>1:30 Virtual Entertainment: Kens Burns: Jackie Robinson Documentary-THTR</p> <p>2:00 Euchre-Resident Led- BST</p> <p>2:00 Sing A Long-Resident Led- THTR</p> <p>3:00 Bingo-GMR</p>	<h1>January 2023</h1> <p>Mallard Cove Life Enrichment Monthly Calendar</p>			